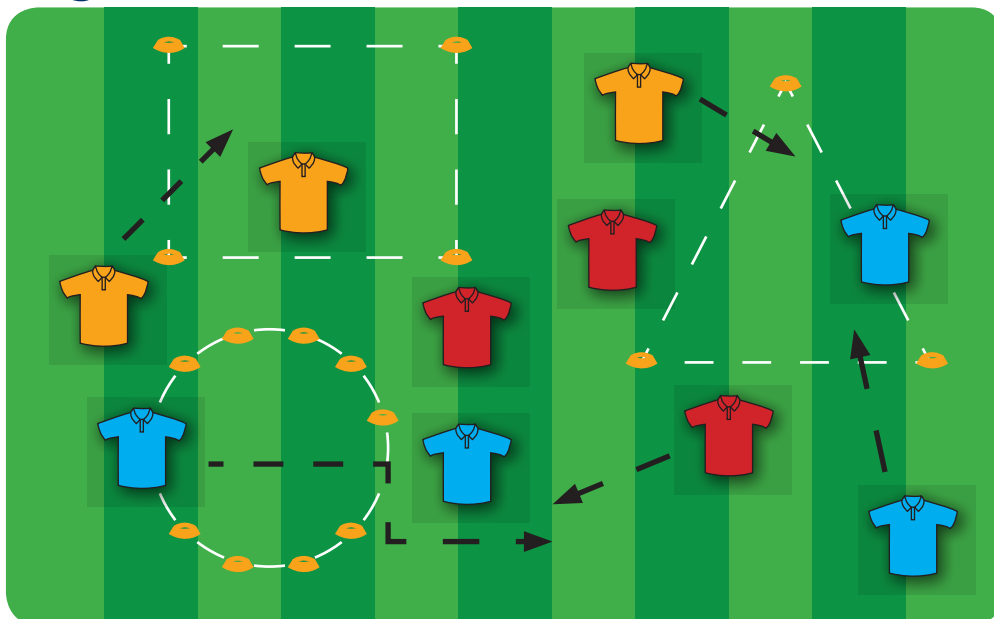


Movement & Support KS1



Organisation:



Ideas on what to do next:

Making changes:

- Include different size shapes.
- Ratio of guards to children & number of shapes.
- Change the task to be completed when children are tagged.
- Consider the type of shape.

Easier for some:

- Work with a partner.
- Bigger shapes.
- Safe areas - shapes set out or different areas used.
- Make individuals invisible to the guards, or make the guards blockers not taggers.

Harder for some:

- Specific movement through areas IE Sideways.
- Set a time limit to travel through each shape.
- Make some shapes smaller or set a smaller shape within each shape & award bonus points if children can move through it.
- Football in hands or at feet.
- Increase the ratio of guards

How to get started:

- Players use cones to organise different shapes within the working area.
- Players to use different movements to move towards and through the different shapes.
- Guards/defenders to tag players moving between the shapes for 3 points.
- Shapes can be a safe area from taggers.
- If tagged complete a task (e.g. balance for 5 seconds) before continuing with the game.
- Can be done with or without a football.
- Defenders keep score.

Your ideas:



Questions/Challenges:

- How did you move to get to each shape?
- How did you get to a new shape without getting tagged?
- When did you move fast or slow?
- How/when did you change direction?
- Try to move through the shape quickly.