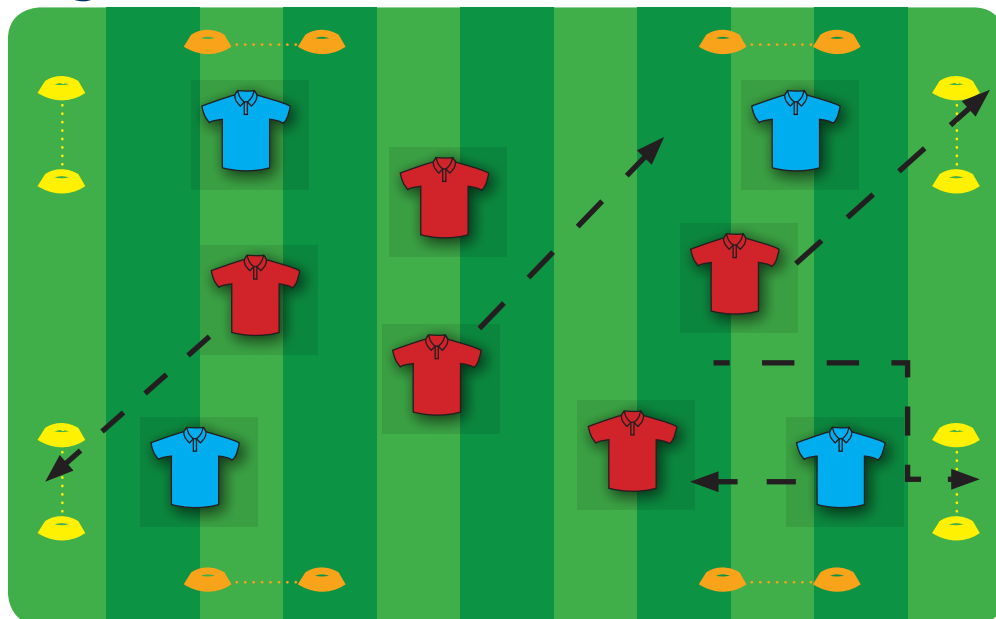


Movement & Support KS2



Organisation:



Ideas on what to do next:

Making changes:

- Consider the size of gates.
- Change ratio of guards to children.
- Change task to be completed when tagged.
- Change number of gates and/or some left unguarded.
- Divide into small teams.

Easier for some:

- Introduce safe areas.
- Give points for running through gates from either side.
- Work with a partner.

Harder for some:

- Specific movement through gates (e.g. sideways).
- Numbers in team – more or less?
- Challenge to move through both gates to score points.
- Football in hands or at feet.

How to get started:

- Organise two gates in each corner of the playing area (8 gates).
- Arrange for a guard/defender in each corner to protect two of the gates (blue).
- Players need to escape through the gates and avoid getting tagged to score X points
- Guards to tag players moving through their gates for X points.
- If players are tagged, they need to complete a task (e.g. 10 star jumps/balance) before continuing with game.

Your ideas:

Questions/Challenges:

- How did you get past the guard/defender?
- When was it easiest to move through the gates?
- What movement did you use to trick the guards?
- How did you guard/defend both sides of the gates?
- Try to move through the biggest space.